

Just Because



In the video, Jodie and Oliver shared some stereotypes that people believed about them, and then they told us about their real skills and achievements.

We can all be stereotyped by others, and this can limit us in different ways, big or small.

A **stereotype** is a fixed idea that someone has about a thing or a group that may often be untrue or only partly true

Try this activity, just like Jodie and Oliver!



My name is...Jodie

Just because I am...a woman

I am not...too weak to play rugby league

I am not...scared of bumps, bruises and getting muddy

I am... a successful rugby league player for St Helens in the Women's Super League and I've played for England!

I am...a talented and passionate rugby league player

My name is...Oliver

Just because I am...a person with a disability

I am not...a person with no passions or interests of my own

I am not...unable to feel sad or frustrated when people don't believe in me

I am... a talented rugby league player for Warrington Wolves in the Community Integrated Care Learning Disability Super League

I am...someone with talents and gifts to share with the world!

Now it's your turn!



My name is...

Just because I am...

I am not...

I am not...

I am...

I am...

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ENGLAND 2021

