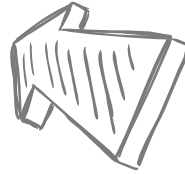


# Just Because



In the video, Jodie and Oliver shared some stereotypes that people believed about them, and then they told us about their real skills and achievements.

**We can all be stereotyped by others, and this can limit us in different ways, big or small.**

A **stereotype** is a fixed idea that someone has about a thing or a group that may often be untrue or only partly true

**Try this activity, just like Jodie and Oliver!**



**My name is...**Jodie

**Just because I am...**a woman

**I am not...**too weak to play rugby league

**I am not...**scared of bumps, bruises and getting muddy

**I am...** a successful rugby league player for St Helens in the Women's Super League and I've played for England!

**I am...**a talented and passionate rugby league player



**My name is...**Oliver

**Just because I am...**a person with a disability

**I am not...**a person with no passions or interests of my own

**I am not...**unable to feel sad or frustrated when people don't believe in me

**I am...** a talented rugby league player for Warrington Wolves in the Community Integrated Care Learning Disability Super League

**I am...**someone with talents and gifts to share with the world!



**Now it's your turn!**



**My name is...**

**Just because I am...**

**I am not...**

**I am not...**

**I am...**

**I am...**

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