



Support in the Community

People Passion Potential

Community
Integrated
Care

Community Integrated Care offers a wide range of care and support services, giving people with care needs the practical support they need to live full, active and independent lives within their communities.

We support people with a variety of needs, including learning and physical disabilities, mental health concerns, autism spectrum disorders, sensory and communication needs, complex disorders, challenging behaviours and dual diagnoses. We also support older people, including those with dementia and other age-related needs.

Flexibility and Choice

We deliver a service which gives you real choice and control over how you live your life, fostering independence and support to achieve your personal goals and aspirations.

We understand that traditional residential support services do not suit everyone. To lead the independent life you choose, you may only require support for a few hours a day or week, depending on your needs.

We ensure that the support we deliver is tailored to you, your needs and aspirations – whether that means developing the skills to manage your home, taking part in new hobbies or increasing your confidence to become more independent in your community.

We will always adopt a person-centred approach to your support, carefully planning this with you and the people important to you.

Our Support

We are able to support and encourage you in many areas, helping you to lead a full and varied life, including:

- **Developing domestic and life skills (shopping, cooking, cleaning)**
- **Managing your finances**
- **Getting out and about in your community**
- **Socialising with friends and family**
- **Meeting new people and extending your social networks**
- **Enjoying hobbies and interests**
- **Attending college, work or training opportunities**
- **Support to attend appointments**
- **Help accessing other services**
- **Advice and advocacy**
- **Keeping safe and healthy**
- **Taking medication**
- **Emotional support**



Supported Employment

At Community Integrated Care we believe that disability should not be a barrier to working. We are committed to helping you find paid or voluntary employment, if this is one of your aspirations.

We work closely with lots of different employers, finding job roles that give you the opportunity to become a valued and integrated team member. Many people we support enjoy rewarding job roles which enable them to make a genuine and positive contribution to their workplace and enjoy the sense of empowerment, independence and achievement that working brings.

Working Together

We will always work closely in partnership with you and your loved ones, as well as relevant professionals and agencies, to ensure that we develop and deliver a person-centred package of support which is unique to you and tailored to your needs.

Do you have your own budget?

We provide advice, assistance and support to individuals and families looking to develop a personalised service using individual budgets and direct payments.

Contact us to find out how we can provide you with a tailored package of support to meet your budget and goals.

Find out more...

Contact us to find out more about our Support in the Community, or any of the other types of support we provide:-

☎ 0845 543 9911 ✉ information@c-i-c.co.uk 🌐 www.c-i-c.co.uk

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