



# Older People: Our Approach

People Passion Potential

Community  
Integrated  
Care

**Community Integrated Care offers a variety of services to support people with age-related care needs. These range from support for older people who wish to maintain their independence and links with their community, through to services for people who require more intensive support due to frailty, dementia or other age-related issues.**

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## Our Services

- **Residential Care Homes** - supporting people to live with independence in a safe and therapeutic environment.
- **Nursing Care Homes** - providing nursing care and support to older people with complex and enduring health needs.
- **Day Care** - increasing social inclusion and offering stimulating activities.
- **Support at Home** - supporting older people to continue to live independently in their own homes.
- **Support in the Community** - enabling older people to maintain their links with their community.
- **Specialist Dementia Services** - specialist support for people with dementia.
- **Extra Care** - offering purpose-built accommodation for older people, with support when needed.
- **Respite Care** - short-term residential care and support, giving family and loved ones a break from their caring role.
- **Intermediate Care** - providing short-term residential support, focused on helping people to recuperate and recover from periods of ill-health.

## Personalised Support

Our services for older people are focused on the individual. This means developing a strong understanding of their needs, personality and aspirations and using this knowledge to deliver excellent, tailored care.

Every older person we support is given their own personal support plan. This is developed by an experienced member of our team working with the individual and their family support network, and is regularly evaluated to meet changing needs. These plans are designed to create a blueprint for the support we offer, promoting independence and choice, respecting dignity and personal beliefs, as well as addressing any physical or mental health support needs.

## Skilled Staff

Colleagues working in our services for older people are given extensive training and support to develop their understanding of how to deliver great care. They are given a comprehensive induction, aimed at enhancing their practical skills and establishing the very high standards of care. We also offer bespoke training to our staff so they can meet any specific needs of the people they support, such as dementia awareness.

Many of our care homes have achieved the NHS Gold Standard Framework Accreditation for End of Life Care, representing a commitment to delivering the highest standards of care to residents nearing the end of their lives.

## Community Support

We understand that growing older and requiring support can sometimes lead to people becoming isolated. Because of this, all of our services for older people are focused on overcoming social isolation and enabling people to continue to remain part of their community. In our Support at Home Services, we not only deliver personal care and domestic support but can also offer people social and lifestyle support, such as helping people to enjoy leisure activities and days out.

In our building-based services, such as our care homes and day services, we not only support people to access their community, but aim to bring the community to them. We do this by encouraging everyone, from family members to volunteers, entertainers to local community groups, to visit and make a contribution to life in our services.

## Access to Specialists

As a large and experienced provider of specialist services for older people, we work in partnership with a wide range of external professionals, such as mental health clinicians, physiotherapists, occupational therapists, speech and language therapists and district nurses, to meet the complete health and wellbeing needs of the people we support. Our local services also have excellent relationships with organisations like Dementia UK and Macmillan.

## Excellent Facilities

Community Integrated Care has a strong understanding of how to create environments that are best suited to the needs of older people. We have extensive skills in delivering services that promote accessibility and safety, yet are still comfortable and inviting.

We also have considerable experience of applying innovations such as assistive technologies and telecare systems across all of our service settings, to enable the independence and wellbeing of the people we support.

## Find out more...

Contact us to find out more about our approach to Older People or any of the other types of support we offer:-

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