



Learning Disabilities: Our Approach

People Passion Potential

Community
Integrated
Care

Community Integrated Care has been at the forefront of delivering innovative services for people with learning disabilities since 1988. We are one of the UK's largest care and support providers, offering a wide range of personalised services to people living across England and Scotland.

Our Support

We offer a range of services to people with learning disabilities, from a few hours of flexible support in the community to more full-time care:

- **Supported Living**
- **Registered Care Services**
- **Support in the Community**
- **Support at Home**
- **Day Opportunities**
- **Supported Employment**
- **Respite or Short-Break Support**
- **Transitional Services**

Our Approach

We Deliver Personalised Support

Good learning disabilities support is about enabling individuals to realise their fullest potential. This means identifying what each person is capable of – their gifts, skills and abilities – and actively promoting their independence. It also requires a focus on self-reliance, working to the principles of 'Just Enough Support'.

We use person-centred planning tools, such as one-page profiles and communication passports, to identify each person's individual needs, goals and aspirations, working closely with their circle of support. We believe in recognising each person as a unique individual who deserves a service which is tailored specifically for them, rather than them having to 'fit' to a service.

Each person has an outcome-focused support plan which clearly sets out how everyone is going to work together to make their dreams and aspirations a reality. This might include goals around being healthy, being part of the community, having strong links with friends and family or learning new skills. We work together to regularly review progress towards these goals, so we can continually adapt and improve our support.

Working in Partnership

We work alongside each person and their extended support network to identify goals that they would like to achieve. These can be short-term or long-term aspirations and during this process, we support the person to plan how these goals will be met.

We also work closely with a wide range of external health and social care professionals such as Primary Health Care, Community Learning Disability Teams, speech and language therapists and occupational therapists.



We Offer Transformative Services

Community Integrated Care has great expertise in sourcing, financing and converting properties, working with a range of partners such as housing providers, to deliver life-enhancing accommodation. We also have considerable experience in applying new assistive technologies and telecare systems to offer greater safety and independence for the people we support.

We Are Committed To Quality

Our staff are given a wide-range of both mandatory and specialist training, to ensure that they deliver the very best care and support. We offer bespoke packages of training to give colleagues the skills to meet the specific needs of the individuals they support.

We also adopt a skills-matching approach to recruitment, involving the people we support, so that they can choose staff with the right skills, interests and outlook, to deliver their support.

We Champion Social Inclusion

Community Integrated Care has a social inclusion group in each region in which we deliver services, as well as a national inclusion forum. These groups draw together the people we support, who are assisted by our senior managers, to share their opinions on the services we deliver and influence the direction of our organisation – from how we check the quality of our services, to how we recruit our staff teams.

We also have registered 'Dignity Champions' in each of our regions. These individuals have pledged their support to ensuring that the people we support receive the respect they deserve. Our services have links with many local advocacy groups, enabling the people we support to have access to an independent voice.

Find out more...

Contact us to find out more about our approach to Learning Disabilities or any of the other types of support we offer:-

☎ **0845 543 9911**

✉ **information@c-i-c.co.uk**

🌐 **www.c-i-c.co.uk**

**Community
Integrated
Care**