

Community
Integrated
Care

# Community Integrated Care offers a wide range of support services for older people, including those with dementia and other age-related care needs.

All of our services are focused on enabling residents to live with independence, dignity and comfort, in a homely environment, with support from well-trained and caring staff. With our excellent facilities, wide range of activities and commitment to providing the highest standards, we will offer you or your loved one the very best in older people's care.

# **Our Support**

### **Residential Care & Nursing Care**

Our residential care services focus on enabling older people with support needs to maintain an active and independent life, with comfort and companionship.

Our specialist nursing care services support older people with complex and enduring health needs. They are focused on offering a therapeutic environment, which provides dignity and comfort, as well as improving overall health and wellbeing.

### All our residents enjoy:

- Spacious bedrooms, which can be personalised according to individual taste.
- Support from expertly trained staff, 24-hours a day.
- Specialist furnishings, facilities and assistive technology to maximise independence.
- Freshly prepared, nutritious meals.
- Sheltered and landscaped, accessible gardens.
- Communal facilities such as lounges and activity rooms for relaxation and recreation.
- Access to a full team of dedicated, caring health professionals when needed.
- No restriction on visiting hours.

### **Day Services**

Our specialist day care services support people with a range of needs, from older people who want to increase their social interaction, to people who require more intensive care and support.

### Our day services:

- Provide stimulating activities, social interaction and companionship, to people who may otherwise be housebound or isolated.
- Teach members new skills and provide new experiences.
- Improve the overall independence and wellbeing of members.
- Provide support for families and carers in their roles.
- Are delivered by staff who receive specialist training to ensure they have the skills to meet the needs of the people they support.

We offer a range of short-term respite care packages, for when full-time or permanent care is not necessary, such as:

- Holidays/scheduled breaks giving family and loved ones the opportunity to enjoy a break from their caring role, safe in the knowledge that their relative or loved one is in a comfortable and supportive environment.
- **Emergency situations** providing emergency respite care when usual support routines break down.
- Taster visits many of our care homes offer taster visits, giving people the chance to meet staff and other residents, before deciding upon a permanent move to residential care.

## **An Active Life**

All of our services deliver a varied and regular programme of activities and events for our residents, designed to meet their interests, as well as promote mental and physical wellbeing. We work closely with the people we support to build up a clear picture of each person's individual likes and interests, to ensure that everyone has the opportunity to enjoy meaningful activities, both inside the home and out in the community.

# **Specialist Support**

Our staff receive a broad range of training in care, as well as specific learning in areas such as dementia care and end-of-life care. Each home also has a 'Dignity Champion', who is tasked with promoting dignity and new innovations within their service.

## **Working Together**

We will always work closely in partnership with you and your loved ones, as well as relevant professionals and agencies, to ensure that we develop and deliver a person-centred package of support which is unique to you and tailored to your needs.

## Do you have your own budget?

We provide advice, assistance and support to individuals and families looking to develop a personalised service using individual budgets and direct payments. Contact us to find out how we can provide you with a tailored package of support to meet your budget and goals.

# Find out more...

Contact us to find out more about our Older People's Services or any of the other types of support we provide:-



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