



Autism: Our Approach

People Passion Potential

Community
Integrated
Care

Community Integrated Care offers a wide range of care and support services for people of all ages who have an autism spectrum disorder, whether that may be a formal or informal diagnosis.

We recognise that as a person with autism you have your own individual needs, abilities, goals and aspirations, and have the right to receive support which is as unique as you are. All of our services ensure that you are empowered to achieve your ambitions, maximise your talents and skills, and enjoy an independent and fulfilled life.

Flexibility and Choice

We can offer you a variety of support, including:

- **Supported Living**
- **Support in the Community**
- **Support at Home**
- **Respite and Short-breaks Services**
- **Residential Care**
- **Supported Employment**
- **Transitional Planning**

We can offer anything from complete 24-hour support, to just a few hours of flexible support a week, depending on your needs.

Our Support

Effective support planning is vital in helping you achieve your goals, whatever they may be. We recognise that everyone with autism is an individual, so you need to be supported in a way that is right for you. We will work closely with you, your loved ones and other relevant professionals, to build a service which is specially tailored to your needs, supporting you to achieve real and meaningful outcomes.

Key to building the best services we can is our understanding of how to achieve the right physical environment for you. We work closely with our in-house property team, as well as partner landlords and housing providers, to carefully create living environments properly attuned to your needs, promoting the most therapeutic and enabling environment possible for you.

Specialist Training

No truly excellent service can be built without well-trained, motivated staff, who have the skills and understanding to see the world through the eyes of the people they support. Community Integrated Care has a robust training and

development programme in place, aimed at enhancing the knowledge and expertise of our staff. This means more than training our staff to understand autism as a condition, but also focusing education around the individual needs, ambitions and challenges of each person they support.

Supported Employment

We passionately believe that people with autism have the right to play an active and meaningful role within their communities. Importantly, this includes having your skills and talents recognised and enjoying the sense of empowerment, independence and achievement which employment brings.

We work closely with lots of different employers, finding a wide range of job roles that offer the people we support real opportunities to become valued team members and enjoy the sense of self-esteem which work offers.

Working in Partnership

We know that to deliver the most progressive services we can, we must work in partnership with leading academics, sector bodies and other care professionals, to shape and influence our thinking.

We are proud to enjoy close academic partnerships with the National Centre for Autism Studies at Strathclyde University and the University of Cumbria, as well as having strong links with the National Autistic Society.

Do you have your own budget?

We provide advice, assistance and support to individuals and families looking to develop a personalised service using individual budgets and direct payments.

Contact us to find out how we can provide you with a tailored package of support to meet your budget and goals.

Find out more...

Contact us to find out more about our approach to Autism or any of the other types of support we provide:-

☎ 0845 543 9911

✉ information@c-i-c.co.uk

🌐 www.c-i-c.co.uk

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